To Parents/Guardians:

Your child may have been exposed to Shingles (varicella zoster) at school. This is a viral infection similar to Chicken Pox and caused by the same virus.

Shingles occurs in a person that has previously had Chicken Pox, but contact with an infected individual does not cause another person's dormant virus to reactivate.

Shingles seldom occurs in children younger than ten years of age. A person with shingles can pass the virus to someone who has not had chickenpox. The person infected will develop chickenpox, not shingles.

The virus is not spread through sneezing, coughing or causal contact. The person with shingles can only spread the disease when the rash is in the blister-phase.

Please call the school’s Health Office if you have any questions or concerns.

________________________, School Nurse

School Name
Health Office Phone Number