A Letter from the School Health Office

Date

To Parents/Guardians:

Your child may have been exposed to ringworm at school. Ringworm is a skin infection caused by a fungus and can affect the scalp, fingers, toe nails or foot.

Ringworm of the scalp begins as a small pimple and becomes larger and more scaly (small bald patches may occur). On the body, the infection appears as a flat, red edged round area. It may appear either dry or scaly or moist and crusted. As it spreads, the center area clears and appears normal. Ringworm of the foot appears scaly with cracked skin, especially between the toes. If fingernails are infected, they become thicker, discolored and break easily.

Ringworm is spread by skin to skin contact with infected people or pets or indirectly by contact with infected items (e.g., hair clippers), shower stalls or floors.

If you suspect that your child has ringworm, you need to take your child to the doctor or healthcare provider. Medicine is needed for the treatment of ringworm. Following treatment, children may return to school if the lesions are covered.

To prevent the spread of infection, towels, hats and clothing should not be shared.

Please call the school’s Health Office if you have any questions or concerns.

________________________, School Nurse

School Name
Health Office Phone Number