To Parents/Guardians,

Your child sustained a head injury at school today and was seen in the Health Office. Although most head injuries do not cause serious problems and your child did not experience these symptoms in the Health Office, some symptoms may not be seen right away. If any of the following problems develop, your child may need further care. You should contact your healthcare provider and/or have your child seen in an emergency room immediately. Be sure to tell them there was a head injury and give them a description of the injury and the time it happened.

- Severe and continued headache
- Excessive drowsiness (wake your child at least twice during the night)
- Nausea and/or vomiting
- Convulsions (fits) (seizures)
- Clear fluid or blood draining from ears or nose without other cold symptoms
- Trouble with vision: double vision, blurred vision or pupils of different sizes
- Weakness or numbness of arms or legs, falling down or trouble with walking
- Unusual behavior or being confused, dizziness or irregular breathing

Please call the school’s Health Office if you have any questions or concerns.

_________________________, School Nurse

School Name
Health Office Phone Number