

Azle I.S.D. Temperature Guidelines

Athletic Practices – Extra Curricular Activities – Physical Education

The extreme heat, cold in our region is a concern to the health and safety of our students. Heat and cold injuries cannot always be prevented, but with the education of coaches, sponsors, and instructors, and controlled practice procedures, heat and cold related illnesses could be minimized. The following temperature guidelines have been established in order provide a safe and healthy environment for students participating in outdoor activities in Azle I.S.D. The listed temperatures, heat indexes, and wind-chill factors are designated figures for terminating outdoor activities including: High School and Junior High Athletic Practices, High School and Junior High Extra-Curricular Activities, Secondary, Intermediate, and Elementary Physical Education. Exposure duration and frequency of breaks should be modified as the temperatures approach the listed recommendations. The Azle I.S.D. Athletic Training and Sports Medicine Department will notify respective staff members and administrators of current and projected weather conditions when necessary. Email notifications will be sent at approximately 11:00 A.M. regarding heat-related conditions, and approximately 8:00 A.M. regarding cold-related conditions. It is the responsibility of each coach/sponsor/instructor to ensure these guidelines are being followed.

The listed temperatures, heat indexes, and wind-chill factors are designated figures for terminating outdoor activities

Activity	Heat Policy	Cold Policy
High School Athletics	110 degree Temp or 120 degree Heat Index	Wind Chill 32 degree w/rain Wind Chill 25 degree
High School Extra-Curricular	105 degree Temp or 115 degree Heat Index	Wind Chill 38 degree w/rain Wind Chill 30 degree
Junior High Athletics	105 degree Temp or 115 degree Heat Index	Wind Chill 38 degree w/rain Wind Chill 30 degree
Junior High Extra-Curricular	100 degree Temp or 110 degree Heat Index	Wind Chill 38 degree w/rain Wind Chill 30 degree
Secondary Physical Education	100 degree Temp or 100 degree Heat Index	Wind Chill 40 degree
Elementary/Intermediate Physical Education/Recess	100 degree Temp or 100 degree Heat Index	Wind Chill 40 degree