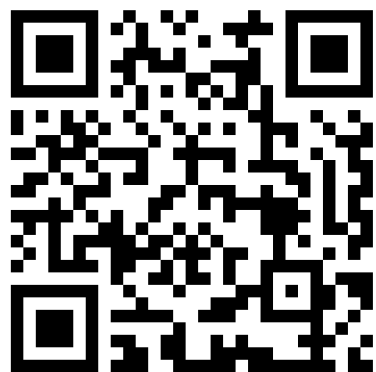


MENTAL HEALTH MATTERS

SCAN to
VISIT OUR WEBSITE



www.azleisd.net/counseling

Azle ISD Intervention Counselors

Hollee Reed 817-752-2150 x 2820

hreed@azleisd.net

Kimberly Brown 817-752-2150 x 2821

kbrown@azleisd.net



AZLE ISD Counseling & Intervention Services

HELPFUL RESOURCES

National Suicide & Crisis Lifeline

988 or 1-800-273-8255

Crisis Text Line

Text **HELP** to 741741

The Jason Foundation

<https://jasonfoundation.com>

We Are Azle!

MAKING A
DIFFERENCE TO
EVERY CHILD,
EVERY CHANCE,
EVERY DAY!



"With Help Comes Hope"



www.azleisd.net

Services Provided by Azle ISD Intervention/Campus Counselors

- Intervene with social/emotional issues at school including anxiety, stress, grief, trauma, and depression.
- Collaborate with parents, teachers, administrators, and staff.
- Respond immediately to students in crisis and offer solution-focused hope and guidance.
- Complete suicide and threat assessments.
- Provide community resources to students and parents and offer help scheduling services.
- Complete safety plans for students returning from mental health facilities.
- Meet with students as needed for mental health support.

Azle ISD intervention/campus counselors are not therapists and do not diagnose mental health disorders or provide scheduled weekly counseling sessions.

Azle ISD is dedicated to being a resource and a support system to our students and families concerning mental health while educating our school community in mental health awareness. As a district, we train our teachers, coaches, and administrators to identify students who are in crisis or may need help.

Suicide is the second leading cause of death for ages 10-24, with recent research from the CDC showing a significant increase in recent years.

Warning Signs of a Student in Crisis

- Talking about wanting to die or making a plan to kill or harm oneself.
- Talking about feeling hopeless, having no reason to live, or in unbearable pain.
- Change in personality, including withdrawing or feeling isolated or alone.
- Talking about being a burden to others or giving possessions to others.
- Increasing or starting the use of alcohol or drugs.
- Becoming anxious or agitated; behaving recklessly.
- Sleeping or eating too little or too much.
- Showing rage, talking about harming others, or seeking revenge.

Topics Azle ISD Counselors Can Assist Parents With:

1. I'm worried about my child, what should I do?
2. How do I ask my child about suicidal thoughts or talk with my child when a friend or family member dies by suicide?
3. How can the school help my child with anxiety, stress, or panic attacks?
4. Who do I call if my child needs help with grief after the death of a loved one?
5. What do I do if my child has experienced trauma in the past or is currently experiencing trauma?
6. Can you help me understand the signs to watch for if my child is in crisis?
7. Questions about mental health services, including scheduling services and next steps after treatment?

